



Global Treks & Expedition P. Ltd.

Chakshibari Marg 591, Thamel
Kathmandu, Nepal

Tibet Lhasa Tour Brief Itinerary

Day 01 : Arrival to Lhasa.

You will be received by your Tibetan guide at Gonggar Airport. After immigration formalities take a 1.5-hour drive along 93 KM road leading to Lhasa lying at an altitude of 3,660 meters. It's advisable to rest and take it easy for the remainder of the day due to Lhasa's altitude.



Day 02 : Explore Lhasa (Potala Palace- Jokang temple)

After breakfast at the hotel, visit Potala Palace, Potala Palace is the worldwide known cardinal landmark of Tibet. The massive structure itself contains a small world within it. Mostly it is renowned as residence of the Dalai Lama lineages (Avalokiteshvara). In afternoon, visit to Jokang Temple, Jokang temple is the most sacred shrine in Tibet which was built in 7th century and located at the heart of old town in Lhasa, the circuit around it called Barkhor street, which is a good place to purchase souvenirs. Both of them are the focal points of pilgrims from entire Tibetan world. Overnight at Lhasa

Day 03 : Explore Lhasa (Derpu monastery)

Today you get more acquainted with the mystiques of Lhasa. In the morning after breakfast, you will set off to view majestic Potala Palace towering above city of Lhasa. You get to witness unique, pristine and overwhelming array of intricate Tibetan murals, temples, stupas, and tombs of eight past Dalai Lamas from a perfect vantage point. Ancient Tibetan cultures come alive with your every exploration. Later in the noon after lunch, you will visit beautifully landscaped Drepung Monastery. You can observe nuns and monks chanting and performing religious discourses. After this religious journey, you eventually return to your hotel for delicious dinner and well-earned peaceful sleep.

Day 04 : Final Departure

After breakfast at hotel, you and your guide will drive you to Lhasa airport or train station. It is the time to say farewells to your guide and driver. The trip ends.

Cost include

- China visa, all air tickets and train tickets to and from Tibet.
- Private professional Local Tibetan English-speaking tour guide
- The private vehicle with driver and Luggage Transfers.
- All necessary Tibet travel permits.
- All accommodations, based on double occupancy with attached bathroom in city and Guesthouse or tent in remote areas.
- Meals, as noted in the itinerary. (B-Breakfast, L-Lunch, D-Dinner)
- Admission fees and activity expenses, as noted in the itinerary
- Service Charge (the planning, handling, operational and communication charges) & government taxes.
- Tourists Accident/Casualty Insurance

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Cost Exclude

- Sightseeing not listed in the itinerary.
- Meals not listed in the itinerary.
- Personal expenses such as laundry, drink, fax, telephone call, optional tour activities, etc.
- Gratuities, tips to guides, drivers, bellboys, etc.
- Excess Baggage Charges, Single room supplement.