



## **Global Treks & Expedition P. Ltd.**

**Chakshibari Marg 591, Thamel  
Kathmandu, Nepal**

### **Tamang Heritage Treks Brief Itinerary**



#### **Day 07: : Drive back from Syabrubesi to Kathmandu**

After breakfast at Syabrubasi hotel, we will be starting our drive through the Private/Local Bus to back at Kathmandu. After 7 to 8 Hr long drive we will be at Kathmandu Valley. It's our Short trek with our team please make sure and inform us. We are as sure about your booking with our experience working team. Over night at Kathmandu hotel as your choice.

#### **Day 06: : Trek Briddim to Syabrubesi**

After breakfast at Briddim hotel, we are going to back and make a short to our trekking on Syabrubesi. After 4 to 5 hours our trekking we will behave back in Syabru hotel. Overnight at Syabrubesi hotel with dinner.

#### **Day 05: : Trek Thuman to Briddim (2,239 M)**

As our Global treks and Expedition Team with our respected Guest, our trekking going to start from Thuman to Briddim after our breakfast at Thuman hotel. When we walk at our team with beautiful clean air in the middle of the forest as 5/6 hr then we reached in Briddim Hotel. Overnight at Briddim Hotel with a special dinner as our guest choice with the menu.

#### **Day 04: : Trek Tatopani to Thuman (2,238 M)**

Early morning to visit the scene of the Tatopani area and shower of this hot water spring. After some hour shower and back to the hotel taking breakfast and start our journey as per our schedule with the following of Guide to go to Thuman. after 6/7 Hr trek we can reach our today destination at Thuman hotel. Over night at Thuman hotel with our team.

#### **Day 03: : Trek Gatlang to Tatopani (2,380M)**

After breakfast at Gatlang hotel, our trekking will start to go at Tatopani at 5/6 hr heavy trek. we will see and talk with our team about their journey as per their beautiful panoramic views with their history which know in detail to our working team means our Guide. after reaching Tatopani we have to check in the hotel and see the nature of the hotel. Overnight at Tatopani hotel with Nepali food (Daal Bhat, Tarkari & Achar).

#### **Day 02: : Trek Syabrubesi to Gatlang (2,238M)**

After breakfast at Syabrubesi hotel will start our trekking team to go from Syabru to Gatlang. After 5 to 6 Hr trekking, we can reach our place to Gatlang hotel on the way we can see the Himalayan scenic views and in the forest, we can see the rhododendron too. Overnight at Gatlang hotel with Dinner at cultural program to show in hotel.

#### **Day 01: : Drive Kathmandu to Syabrubesi (2,460 M)**

Syabrubesi is the initial point for trekking in the Tamang Heritage Trekking Route in Langtang valley. It takes about 7 to 8 hours' drive to cover 117 km from Kathmandu to Syabrubesi. En route, we can enjoy the scenic views of the mountain and rice terrains. Syabrubesi bazaar is cramped with lodges and hotels. We will reside for a night in any one of them.

### **Cost include**

- Perfect English spoken tourist guide.
- Tea or Coffee three times in a day.
- Full Board Meals (Breakfast, Lunch, and Dinner) during 6 Days trekking period
- Guest houses Accommodations during the trek
- A government license holder guide
- Food, drinks, accommodation, insurance, salary, equipment, transportation and local tax for a guide.
- Kathmandu to Syaprubeshi to Kathmandu By bus
- TIMS card(Trekker's Information Management System)
- All the needed Trekking Permits
- All government taxes, VAT and service charges.

### **Cost Exclude**

1. Lunch and dinner (Kathmandu to Syabrubesi to Kathmandu)
2. Hot water, Mineral Water,& beverage
3. Travel insurance
4. Tips for trekking staff and driver
5. Personal shopping, trekking equipment, Gifts and souvenirs
6. All items not listed in Cost included section.