



## Global Treks & Expedition P. Ltd.

Chakshibari Marg 591, Thamel  
Kathmandu, Nepal

### Kailash Mansarovar Yatra Brief Itinerary

#### Day 01 : Arrival in Kathmandu - BEFORE 10 AM

We will receive you in Kathmandu Airport, escort you to the hotel in Kathmandu, collection of original passports, and start visa processing. Afternoon briefing of the tour, and team meetup. Overnight at the hotel in Kathmandu.



#### Day 02 : Kathmandu

After an early breakfast, we will visit the Pashupatinath Temple, Guheshwori Shaktipeetham, and Jalnarayan Temple. The UNESCO Sites, and holy places of the capital. Evening distribution of duffle bag, jacket, and backpack. Overnight at the hotel in Kathmandu.

#### Day 03 : Kathmandu

Some more exploration today, with a visit to Swayambhunath and the Kathmandu Durbar Square, along with the traditional Ason Market, full of heritages, and culture. Back to the hotel, and overnight stay.

#### Day 04 : Kathmandu

We will visit some of the major attractions in Kathmandu Valley today, while we wait on receiving our visas. Explore the Doleshwor Mahadev Temple - the 'shir' head part of Lord Kedarnath in Uttarakhand. We will then visit the Bhaktapur Durbar Square, the most preserved cultural heritage in Kathmandu, and return to the hotel. Afternoon in Thamel for any gear shopping and preparations. Overnight at hotel.

#### Day 05 : Kathmandu to Lhasa

We drive to the Tribhuwan International Airport, and take a flight to Lhasa. We will receive you at the airport upon your arrival in Tibet and drive you to the hotel. The rest of today, go slowly so that you can acclimate to the altitude more quickly. For the lengthy trip ahead, keep in mind to drink lots of water and get plenty of rest.

#### Day 06 : Lhasa

Morning breakfast at the hotel, and we visit the capital city of Tibet, the old residence of The Dalai Lama, Potala Palace. We will visit the Potala Palace, approx. 3 hours in the old Palace Residence in the heart of the city. We will then head onwards to the Barkhor Street, then visit the Jokhang Temple in Lhasa. Explore around the place, and back to the hotel. Overnight stay in Lhasa.

#### Day 07 : Lhasa to Ali (Flight), drive to Mansarovar

Morning drive to the airport, and catch a flight to Ali. We will fly around an hour to Ali, and enjoy the sites of Sutlej River, Tirthapuri, and surrounding, and drive to Mansarovar, the holy lake. We will explore the Mansarovar lake, and overnight stay.

#### Day 08 : FULL MOON DAY

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We will get into our spiritual selves, and perform some rituals (puja) at the bank of the holy lake mansarovar. Our staffs will provide a bucket of hot holy water for each yatri from the lake Mansarovar for bathing. After our puja and prayers, we will complete the Parikrama of the Mansarovar Lake on a Jeep, and continue to the base camp of Kailash, Darchen. It is a village town right in front of the sacred Mt. Kailash. Overnight at hotel.

### **Day 09 : Start Kora, to Dirapuk**

After our full moon puja, We will embark on a three - day parikrama. We first drive to the small settlement of Tarboche, also called as Darboche. It is the starting point of the Kailash Kora, and is also known as the Valley of Gods. Yamadwar, the gateway of the God of Death, is located here in Tarboche. We will walk for a few hours to arrive at the settlement of Derapuk, settling right in front of the North Face of Mt. Kailash, with the full moon over the holy mountain abode. Overnight and rest at a guest house.

### **Day 10 : Dirapuk to Juthulpuk**

Among the three days of Kora, today is the longest and the most difficult day. We will be heading towards the village of Jarok Donkhang first, and hike towards the Shiva-stal. We will rest for some time, and take a steep downhill and get to the banks of Lham-chu Khir river. We catch sight of the Holy Pond of 'Gaurikunda'. We reach the village of Juthulpuk, this place is named after. The famous cave of Juthulpuk, Zruthulpuk cave, also known as 'the miracle cave'. We will also catch sight of the Buddha's Footprints along the way. Overnight at a guest house.

### **Day 11 : Juthulpuk to Darchen**

We will spend the morning touring the nearby Milarepa cave's caves and temples. After breakfast, we will climb for three to four hours to finish our Kora and return to the Darchen settlement. Hotel overnight stay.

### **Day 12 : Darchen - Ali - Lhasa**

Early morning drive to Ali, catch flight to Ali, and after an hour of flight, enjoy the day at Lhasa, we have the time to do some souvenir shopping.

### **Day 13 : Lhasa to Kathmandu**

We get back to Nepal today, we leave the 'roof of the world' by catching a flight to Kathmandu, check-into the hotel in Kathmandu, and visit the Thamel Market in the evening. We will do our souvenir shopping, explore, and rest in Kathmandu. Overnight at hotel in Kathmandu.

### **Day 14 : Departure**

Our representatives will drop you at the airport as per the flight timings, we conclude our Lhasa Kailash Tour with great memories.

### **Cost include**

Transportation

- All ground transportation by private vehicle
- Kathmandu - Lhasa - Kathmandu Flight Ticket
- Lhasa - Ali Flight Ticket
- Airport Pick up and drop off by private vehicle

## Meal

- Breakfast, Lunch and Dinner included (Veg only)
- Enough Drinking water included

## Visas & Permit

- Tibet Visa & Permit Included
- All necessary entrance fees in Nepal and Tibet
- Special Kailash Mansarovar Permit
- Applicable entrance fees to visit Monasteries and temples

## Sightseeing

- Sightseeing in Kathmandu
- Sightseeing in Lhasa

## Guide, Staffs & supporters

- Nepali Guide and Tibetan Guide
- Nepali Crew members in Kailash Region

## Equipment

- Medical kits
- Enough oxygen cylinders
- Other necessary equipment

## Clothing

- Down Jacket on refundable basis
- Day pack bag
- Duffel bag

## **Cost Exclude**

- Emergency evacuations/Rescue expenses, if required.
- Expenses of personal nature
- Personal horse and Helper during Kailash round/ Parikrama
- Travel & Medical Insurance Permissions and other official formalities

## **Booking Policy**

- Application should be submitted at least 45 days before the provisional date of departure.
- Minimum of 6 months valid Passport scan copy by mail or passport copy by courier should submit when the booking is made
- Upon the confirmation 30% deposit amount per person is required
- Our company trip booking form with your signature as per our term and condition
- All the clients need to carry ID Proof, (Voter ID Proof) OR passport original while traveling by air.
- The itinerary can be changed without notice due to unavoidable circumstance beyond our control such as political unrest, Natural calamities, changes in itinerary by the Chinese authorities etc.

## **Cancellation Policy**

Once we receive your notice for cancellation in written, following cancellation rules will apply:

- If cancelled less than 30 days prior to departure due to client's personal problems, all previously paid amount(s) will be forfeited
- If cancelled between 30 - 90 days prior to departure, 75% of your payment will be refund except the non-refundable deposit.
- If cancelled more than 90 days prior to your departure date, your full payment will be refunded.