Global Treks & Expedition P. Ltd.
Chakshibari Marg 591, Thamel
Kathmandu, Nepal

Mt. Kailash Tour Brief Itinerary

Day 01 : Drive Kathmandu- Kyirung

We drive from Kathmandu to Nepal Tibet border along a scenic highway. After immigration formalities at the border, you meet our Tibetan guide & driver. After some briefing we drive to O/N at Guest House.

Day 02 : Rest Day in Kyirung

Acclimatize in Kerong before further driving. Free afternoon look around. O/N at Guesthouse.

Day 03 : Drive Kyirung to Saga

First day with a long drive on the desert terrain. Driving past nomad camps and sheep and yak herds. We can see Gaurishankar, Shishapangma and Langtang Himal from the pass. Continue drive through Khunmen Tso, Sinling, Karru Ongchen and Peiku tso Lake (4400m). We will be crossing river Brahmaputra ("Yarling Tsangpo" in Tibetan) to reach Saga (4600m). O/n in guest house.

Day 04 : Saga to Paryang (4,558 M) to Mansarovar (4,600 M)

Likewise Watching the mountains in distance and driving through the road we pass through the small town of Zhongba before reaching to Paryang. Offering the first view of mt Kailash and the holy lake only after several hours of drive. As you approach this serene and sacred lake, historic Chiu Monastery becomes visible on the North West shore of the lake. From this vantage point, you can have a glimpse of majestic Mount Kailash. Manasarovar, the highest freshwater lake with turquoise complexion - surrounded by mt Kailash, Mt. Gurula-Mandata and Lake Rakchyas is simply heavenly. O/N at Guesthouse.

Day 05 : Drive to Darchen (14975ft) 40 KM

After some peaceful hours at the shores of the sacred Lake Manasarovar with the snowy massif of Gurla Mandhata 7,694 M just across the lake, we drive 40 KM to Darchen which serves as the base for Mt Kailash kora (circumambulation). The Kora is 53 KM in total and completed in three days. O/N in a Guesthouse.

Day 06 : Trek to Dira-Puk (5,000 M)

It is one of the exciting days walking along the beautiful rocky cliffs and waterfalls with some clouds in the clear blue sky. The 15 KM trail takes almost 7 hrs. O/N at the local Guesthouse.

Day 07 : Trek Dira Puk-Zuthul Puk, 18km, 5,50 M ascent, 6,00 M descent.

Hardest but Holiest day of your pilgrimage trek, cross
Dolma La passes at 5,670 M. Once you reach the top, just do the holiest
offering and sit down for meditation to forget you. By the late afternoon, you will arrive at Zuthul Puk where the great ascetic Milerappa is
supposed to have performed miracles. O/N at the local guesthouse.

Day 08 : End of Kailash Parikrama and drive to Saga

Complete the kora and drive to Lake Manasarovar to Saga O/N at Guest House.

Day 09 : Drive back to Kyirung

Drive back to Kyirung O/N at Guest House.

Day 10 : Kyirung to Kathmandu 150 KM

Driving further to Nepal Tibet border, complete the immigration formalities and back to Kathmandu.

Cost include

- Hotel/Guest House Accommodation as per program.
- Private Transportation by Van.
- All necessary Tibet Travel and Trekking permit.
- English speaking Tibetan Guide.
- All Sightseeing and Entrance fee as per the itinerary.
- Meal plan on B/B Basis.

Cost Exclude

- Lunch and Dinner
- Insurance of any kind.
- Hiring porter, Yak/ horse
- Rescue and Evacuation Service
- Any Additional cost due to Nature calamity and Unforeseen Circumstances and etc.